## Strategies for Effective Chlamydia Screening CEU Instructions

- 1. Complete CEU information.
- 2. After reading and studying this self-study module, take the post-test. **Please make a copy of your post-test for your records.**
- 3. Complete the Participant Evaluation Form.
- 4. Mail CEU information, Post-test, and Participant Evaluation Form along with a check for \$10.00, payable to Family Planning Council of Iowa (CEU fee), to:

ATTN: Leila B. Schlenker Family Planning Council of Iowa 108 Third Street, Suite 220 Des Moines, IA 50309

Questions regarding this program or the process of applying for CEUs should be directed to Leila B. Schlenker: (515) 288-9028.

NOTE: Certificates will be mailed to participants upon receipt of the completed CEU information, completed post-test, completed evaluation form, and CEU fee. A copy of the post-test answers will be mailed with each certificate.

FPCI Provider # 262

## **CEU Participant Checklist:**

C	EU Information Form completed
Po	ost Test completed
Pa	articipant Evaluation Form completed
\$2	10.00 Check payable to Family Planning Council of Iowa completed
A	Il items mailed to:

ATTN: Leila B. Schlenker Family Planning Council of Iowa 108 Third Street, Suite 220 Des Moines, IA 50309

Dear Colleague:				
Strategies for Effects practitioners.	ive Chlamydia Scre	eening is a self-learning mo	odule for nurses an	d nurse
•	This is a 0.2 progr	a (FPCI) is an Iowa Boar ram. The IBON requires	0 11	
In order to obtain CI information below:	EUs from the Famil	ly Planning Council of Iov	va, you must comp	lete the
Name (as it appears	on license):			
I am a: □ LPN	□ RN	☐ Nurse Practitioner		
☐ I have enclosed	a check or money	order for \$10.00 payable	to FPCI.	
Home Address				
	Street	city	state	zip
E-mail				
Nursing License #				

Date of Test Completion:

Signature: \_\_\_\_\_

ATTN: Leila B. Schlenker Family Planning Council of Iowa 108 Third Street, Suite 220 Des Moines, IA 50309 Tel. 515-288-9028

E-mail: Lschlenker@fpcouncil.com

## Strategies for Effective Chlamydia Screening Participant Evaluation Form

1.	After completing this self-study module I am able to:
	a. Identify the signs and symptoms of Chlamydia infection.
	$\square$ Y $\square$ N
	b. Provide care for Chlamydia infection in accordance with current testing and
	treatment guidelines.
	$\square$ Y $\square$ N
	c. Recognize trends and current epidemiology of Chlamydia in Iowa.
	d. Understand the current factors and characteristics of Chlamydia infection and
	partner management in Iowa.
	e. Comply with the legal requirements for practitioners for testing, treatment, and
	reporting Chlamydia, other STDs, and HIV/AIDS in Iowa.
	<ul><li>f. Appreciate the issues of Gonorrhea co-morbidity.</li><li>□ Y</li><li>□ N</li></ul>
2.	Were the sections effectively written?
	$\square$ Y $\square$ N
3.	Was the toolkit easy to follow and understand as a self-study module?
4.	Would you recommend this self-study module to other nurses/nurse practitioners?
	$\square$ Y $\square$ N
5.	How could this self-study module be improved?

<sup>\*</sup>This evaluation may be submitted directly to IBON.

## Strategies for Effective Chlamydia Screening Post-Test

Name				
Please circle the best answer. Each question has one answer.				
1.	Chlamydia is most commonly found among sexually active individuals of what age group?			
	A. 15 – 25			
	B. 26 – 35			
	C. 36 – 45			
	D. None of the above			
2.	Most people have as a sign of Chlamydia until more severe symptoms arise			
	A. Abnormal discharge			
	B. Burning or pain during urination			
	C. No symptoms			
	D. Anal discomfort			
3.	Routinely screen the following, except:			
	A. Pregnant women			
	B. Men			
	C. Sexually active individuals 15-25			
	D. Individual showing signs/symptoms indicative of Chlamydia			
4.	A is recommended for Chlamydia testing because it is highly sensitive and			
	specific and requires no pelvic exam.			
	A. Nucleic Acid Amplified Test (NAAT)			
	B. Culture			
	C. Direct Florescent Antibody (DFA			
	D. Enzyme Immunoassay (EIA)			
5.	A minor can receive STD services including testing, treatment, and prevention without the permission or knowledge of a parent or guardian.			
	A. True			

B. False

- 6. To maintain patient confidentiality with teens, make sure your clinic:
  - A. Leaves the door open during visit
  - B. Tells patient any and all information will be shared with their parents
  - C. Has permission to leave messages on the patient's contact phone number
  - D. Has only one designated staff member trained on adolescent rights to receive care
- 7. Which of the following is a way to widely screen for Chlamydia using confidentiality conscious billing:
  - A. Only allowing patient to pay for test outside of exam room
  - B. Normalizing screening during annual exam or sports physical
  - C. Give the test and let the patient worry about explaining the bill to their parents
  - D. Call and ask the patients parent's permission before administering the test
- 8. Taking a sexual history is important because:
  - A. It is not important
  - B. Tells which patients engage in risky behavior
  - C. Makes the provider and the patient feel uncomfortable
  - D. Identifies patients at risk for contracting STDs
- 9. Which of the following is considered the  $6^{th}$  P of a Sexual History?
  - A. Practices
  - B. Past history of STDs
  - C. Partners
  - D. Parent involvement
- 10. After any treatment regimen for Chlamydia, all patients must abstain from sex for:
  - A. 7 days
  - B. 2 weeks
  - C. 3-4 months
  - D. No abstinence period is necessary
- 11. The following are criteria for presumptive diagnosis and treatment of Chlamydia, except:
  - A. Rape victim
  - B. Signs and symptoms of Pelvic Inflammatory Disease
  - C. No symptoms but has had multiple partners in last 3 months
  - D. Symptomatic partner

12. If a patient tests positive for Chlamydia, treat all partners from the last days before onset of symptoms:
A. 7 B. 30 C. 60 D. 90
13. Iowa law does NOT allow which of the following types of therapy:
<ul> <li>A. Expedited Partner Therapy (EPT)</li> <li>B. Directly Observed Therapy (DOT)</li> <li>C. Partner Delivered Therapy (PDT)</li> <li>D. Iowa law allows all of these therapies</li> </ul>
14. A safe and confidential way for people to locate and inform current and past partners that they may have been exposed to an infection is:
<ul><li>A. Provider referral</li><li>B. By the patient themselves</li><li>C. By the provider</li><li>D. All of the above are safe and confidential</li></ul>
15. This self-study module taught me information that will be helpful to:
<ul><li>A. Many of my patients</li><li>B. Few of my patients</li><li>C. None of my patients</li><li>D. Not sure but am glad I know more about effective Chlamydia screening</li></ul>